

# Evergreen Park

## Winter 2020 Newsletter

- \* The Abominable Snowman is more than an invention of a television Christmas special. While there is no proof that it exists, many people believe that the Yeti, or an abominable snowman, lives in the Himalayas in Nepal. The word Yeti means snow bear, and many people believe the Yeti is related to Bigfoot.
- \* Although the Grinch always appears as a green character in movies, he was black and white in the original Dr. Seuss book.

### Shovel your entryways!

Remember it is each tenants responsibility to keep your walkways clear of snow and ice. Come on up to the office to borrow a shovel or get some ice melt during office hours. The shovel and ice melt are available completely free of charge but remember to bring a container for the ice melt and always return borrowed shovels after use.

Need help clearing your walkways? Ask a neighbor or hire a teen to help get the job done.

Maintenance will continue to keep the sidewalks and parking lots clear of snow and ice but remember, **you must move your car in order for the spot to be plowed.** Move your car to an already plowed spot so maintenance is able to clear out the entire parking lot. Thank you for your assistance.

### Office Hours:

Monday—Friday

9am—4pm

(315) 265-3680

[www.potsdamhousingauthority.com](http://www.potsdamhousingauthority.com)

## Work Orders:

Got an issue in your apartment? Drain running slow? Heat not at it's best? Light flickering? Toilet running? Come down to the office and fill out a WO! They are always available in the lobby during office hours. Take a few home and keep them on hand. You can drop them off at any hour in the maintenance WO box outside the garage. You can also login to Tenant Home on [www.potsdamhousingauthority.com](http://www.potsdamhousingauthority.com) and complete an online WO. **Remember, always call when it is an emergency!**

**What do you call it when a snowman throws a temper tantrum?**

A meltdown.

**What do you get when you cross a snowman with a vampire?** Frostbite.

**Where do snowmen put their money?** Snowbanks.

**What does a gingerbread man put on his bed?** A cookie sheet!



## **SMOKING INDOORS?**

During the colder seasons, we understand that most do not wish to smoke outside. Although this is still the preferred location, you are allowed to smoke inside your apartment if you follow the proper rules and procedures. Remember to always run an air purifier while smoking and be aware at all times. Keep your smoke detectors on and never leave a fire of any kind unattended.

Tired of being cooped up all year? Now is the perfect time to try the Norwegian cultural concept of friluftsliv (pronounced free-loofts-liv).

Friluftsliv literally means “free air life”. The time to go out and enjoy forests, gorgeous landscapes, hiking, canoeing, camping, or otherwise exploring the great outdoors is now! Spending a couple of hours outdoors per week has shown to improve stress levels and give your physical and mental health a boost (who doesn't need a physical and mental health boost?).

Spending a few hours enjoying friluftsliving can be perfectly balanced with a few hours of the Danish cultural concept of hygge (pronounced hoo-gah)! Find the warm blankets, a hot chocolate, a few ambient lanterns, set up the video calls and enjoy time with your family, regardless of how far away they are.

